

## Advanced Connective Tissue Massage Techniques - The Hips and Legs

Location: Savannah School of Massage Therapy Training, Inc.  
6413 Waters Avenue  
Savannah, GA 31406  
(912) 355-3011  
[www.ssomt.com](http://www.ssomt.com)

Dates: **August 21-22, 2010**

Cost: **\$225** by August 13<sup>th</sup>; **\$250** after August 13<sup>th</sup>

Continuing Education credits: **12**

**To register please call the Savannah School of Massage at the number above.**

The primary focus of the class will be on understanding precisely how the hips and legs function, and on assessing what is happening when things aren't working properly in this critical area of the human anatomy. Participants will learn to use visual structural analysis to detect dysfunctional patterns. John will then introduce deep-tissue techniques designed to address the connective tissue matrix of the myofascia, and participants will have ample time to practice those techniques on each other.

Topics include:

- Connective tissue: its properties and how it responds to deep-tissue techniques
- Comprehensive review of the anatomy of the hip and leg
  - Low back pain and its relationship to the hips and legs
  - Comprehensive review of the anatomy of the knee joint
  - Common dysfunctional patterns and the best way to deal with them

Participants will glean new insights into human anatomy, hone their structural assessment skills, and add new techniques to their personal "tool set."

We will also be offering **discounts on approved 12 CE hour home-study courses** for class participants, so you will be able to fulfill your state license requirements all in one stop. You can go to our web site [www.livingbodyseries.com](http://www.livingbodyseries.com) to see a list of course offerings. The regular course price of **\$110** will be discounted to **\$75** for those completing the live course. Please call us directly at **866-488-7933** (toll-free) for information on the home-study courses.

John is an Approved NCBTMB Continuing Education Provider (#299596-00). You can contact him directly at **866-488-7933** or by e-mail [jhschewe@bellsouth.net](mailto:jhschewe@bellsouth.net) if you have any questions.



John Schewe became a Certified Rolfer™ in 1987 and has had a full-time Rolwing® practice since then. He completed his six-week Advanced Rolwing® training in 1991 giving him over 1200 hours dedicated solely to studying the art of Rolwing® Structural Integration. In 1990, John began his teaching career with the Blue Cliff School of Massage in New Orleans, LA, where he helped develop the school's anatomy and physiology curriculum.

In 1995, John began teaching A&P, Structural Kinesiology, and Skillful Touch Massage (the massage training developed by the Rolf Institute® to help train future Rolfers) at the Rolf Institute in Boulder, CO and is the Chair of the Life Sciences Group at the Institute.

Here are some comments from some of John's former students:

"Schewe is the man. This was actually the most enjoyable and informative class I ever attended. Lectures were always related to the hands-on exercises and that really helped solidify the information for me. He kept everything moving at a nice pace and I never felt lost or unattended to."

Misty C.

"I have learned more from John in 2 days about the human body than in any other course. Amazing."

Tharian B.

"Extremely knowledgeable! Precise in each lecture! Not a boring instructor! Stories were interesting and insightful."

Magnus E.

"John is an excellent teacher/instructor. Very supportive and encouraging. Seemed like he wanted everyone to succeed!"

Peter D.

It should be noted that while John is a Certified Advanced Rolfer, this class is NOT a class in Rolwing® Structural Integration. The training to become a Certified Rolfer is a long, comprehensive program that can be completed only under the auspices of the Rolf Institute® of Structural Integration. Students will be required to sign a waiver stating that they will not claim they have been instructed in Rolwing®.