

My Thai Fusion Bodywork Intensive

Location: Savannah School of Massage Therapy Training, Inc.
6413 Waters Avenue Savannah, GA 31406
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www.SavannahSchoolofMassage.com

Dates: September 17-19, 2010

Cost: **\$450 before August 17**; \$525 on or after August 18.

CEU credits: 24

Presented by: Andrea Caplan, BA, LMT



A 3-Day Workshop of Thai-Style Stretching and Massage Fusion. In a small group, we will have loads of fun learning new material and combining it with what you already know. This Thai stretching protocol will be performed on a massage table. You will also receive loads of individual attention to help you develop your new skills as you improve your old ones. The first two days are spent learning the treatment routine and the last day is spent in review and testing.

You must attend all three days in order to qualify for CE Hours or Certification (24 NCBTMB CE'S).

The knowledge and skills the LMT can expect to gain for use

'Monday morning': Learning 'my thai' will give the LMT the opportunity to completely re-frame the usual massage session. A typical bodywork session includes massage and stretching with clients who are dressed in comfortable clothes. This type of massage work will give the LMT a chance to loosen clients' chronic tension patterns by moving entire muscle groups across the joints. The therapist will be able to work with clients with greater versatility since clients can remain clothed and yet experience deep, transformative work.



BIOGRAPHY:

About the instructor



Andrea Claire Caplan, LMT, has been a massage therapist, bodyworker and massage instructor since 1994. She received her certification as a massage therapist from the Baltimore School of Massage along with her national certification in 1995. She continued her training in Thai massage under Ananda Apfelbaum at the Omega Institute in Rhinebeck, New York in 1998, and Rose Griscom of the International Institute of Thai Massage in West Palm Beach, Florida in 2000. During this time she developed her own form of 'back-walking' in 2000/2001. In 2004, Andrea began her study of Ashiatsu Oriental Bar Therapy, completing the advanced studies in early 2005. She has since combined her various skills and experience to create 'my thai', her unique form of Thai-style stretching that fuses massage and bodywork.

Andrea is approved by the NCBTMB as an approved provider of continuing education # 450745-08.